



## ON THE HOUR, EVERY HOUR

The story of the clocks which adorn three sides of the NG Kerk tower must be told.

The clock mechanism, now 100 years in its new home, has done faithful service, with only a few short breakdowns.

Oom (Uncle) Andrew Kempie has been involved with the clock since 1950, when he helped to reset the time. In those days there were two telephones in the tower — one at the bottom and another at the top. The person at the bottom of the tower had to telephone the one at the top to tell him what the time on each clock face should be!

Today, the clock still needs to be wound 2-3 times per week. "Always at quarter past the hour, never on the hour or half hour, when the bells chime," Oom Kempie explains.

The clock mechanism itself is housed in a case, with a gear around which are wound two heavy weights. In 1974/75 one of the weights broke loose and went right through the floor boards all the way to the bottom of the tower. As a safety feature, Kempie put steel plates on the wooden floor beneath the weights, but now also regularly checks the cable.

The clock has its quirks, such as the time being affected by changes in temperature: in the cold Uniondale winters, the clock goes faster, and becomes sluggish in the hot summers.

And why are there only three clock faces? Well, that's because the one side of the tower faces the mountain, and who up there would possibly want to know the time?

THIS ARTICLE APPEARED IN VILLAGE LIFE NO 39.



### THE LONE RIDER

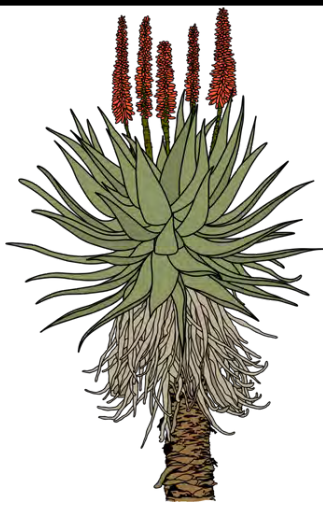


Whether you live in Uniondale or are just passing through, you might have been lucky enough to see a lone horsemen on his rusty coloured steed. Meet Chris Bresler and his horse - Flame, long time residents of Uniondale. Often seen riding the streets in town, to get some exercise in and maybe even get an invite for a quick visit.

Not only is he a distinctive resident and local history buff, but his sheep are also known around town, as they are shepherded by Apools to take advantage of any good looking grazing.

**Thank you Davkor for your support!**

*you had  
me at  
aloe!*



## THE PLANT REPORT

---

### THE GREEN GOLD



*aloe,  
aloe,  
aloe!*

WHILE South Africa harvests a mere 200 tons of Aloe Ferox annually, our global competitors, like Mexico, churn out a staggering 400 000 tons of Aloe Vera.

This stark contrast not only highlights a missed economic opportunity but also underscores a perplexing disregard for our own superior indigenous resources.

Despite Aloe Ferox being scientifically proven to contain double the amino acids and 20 times more antioxidants than its international cousin, Aloe Vera, our local markets and manufacturers overwhelmingly favour the less potent import.

Why do we neglect our own “green gold” in favour of an outsider?

This preference for the foreign Aloe Vera over the local Aloe Ferox is symptomatic of a broader trend of self-inflicted economic wounds. While the latter has all the makings of a Geographical Indication (GI) champion – a status that has lucratively benefited the Rooibos tea sector – efforts to elevate Aloe Ferox to similar heights are bogged down by regulatory red tape and lacklustre industry support.

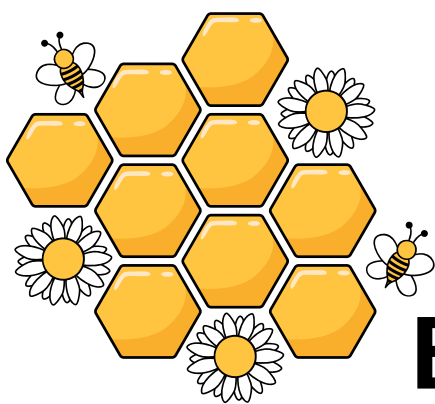
Retailers' preference for Aloe Vera, driven by its established traceability and consistent supply, seems pragmatic on the surface. However, it reveals a deeper reluctance to invest in the systems and structures that could make Aloe Ferox a global contender.

The entrenched farm-gate to pharmacy-shelf challenges and the stringent provisions of the National Environmental Management: Biodiversity Act (Nemba Act) exacerbate this issue. The act imposes rigorous requirements for benefit sharing and sustainability, which, while well-intentioned, have inadvertently stifled innovation and commercialisation of local species like Aloe Ferox.

In the shadows of these regulatory obstacles, Aloe Ferox remains an under-utilised asset, relegated to niche markets and small-scale production. This is not just an agricultural oversight; it is a glaring economic misstep.

By sidelining this indigenous resource, we forfeit millions of rand in potential revenue and deny our farmers and communities the chance to prosper from the land's true bounty.

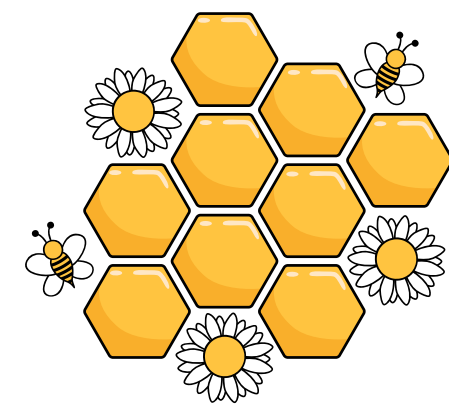
**Dr Gerhard Verhoef**



## THE HONEY COMB

---

### BEEKEEPING IN SUMMER



*Summer is a busy time for the bee keeper. The hive should be visited weekly and inspected for the health of the bees and to see how full the hives are becoming, and to see whether the queen is still present.*

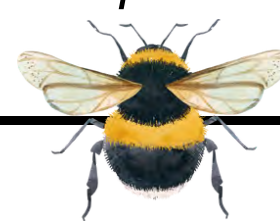
*You will know if your queen bee is still present by looking at the cells and the new eggs. If there are eggs present, the queen was there at least 2 day's ago. If you don't see any new eggs, but only bee larva, that means that she was there 3-8 day's ago. Therefore finding larva is not enough, you need to look for new eggs.*

*To prevent over-crowding the supers should be removed when the cells have been capped and the honey removed, new supers added and any new queen cells detected should be destroyed.*

*Summer is also the time when your bees could swarm. They do this when they don't have enough room for all the bees in the present hive as the queen can lay more than 2000 eggs a day, resulting in many more bees for your hive than it can readily accommodate if left unchecked. The problem is that once they do start swarming, half the hive will leave, along with the queen bee, leaving you with the rest of the bees without a queen. These bees will be useless until they get a new queen or the old one is returned.*

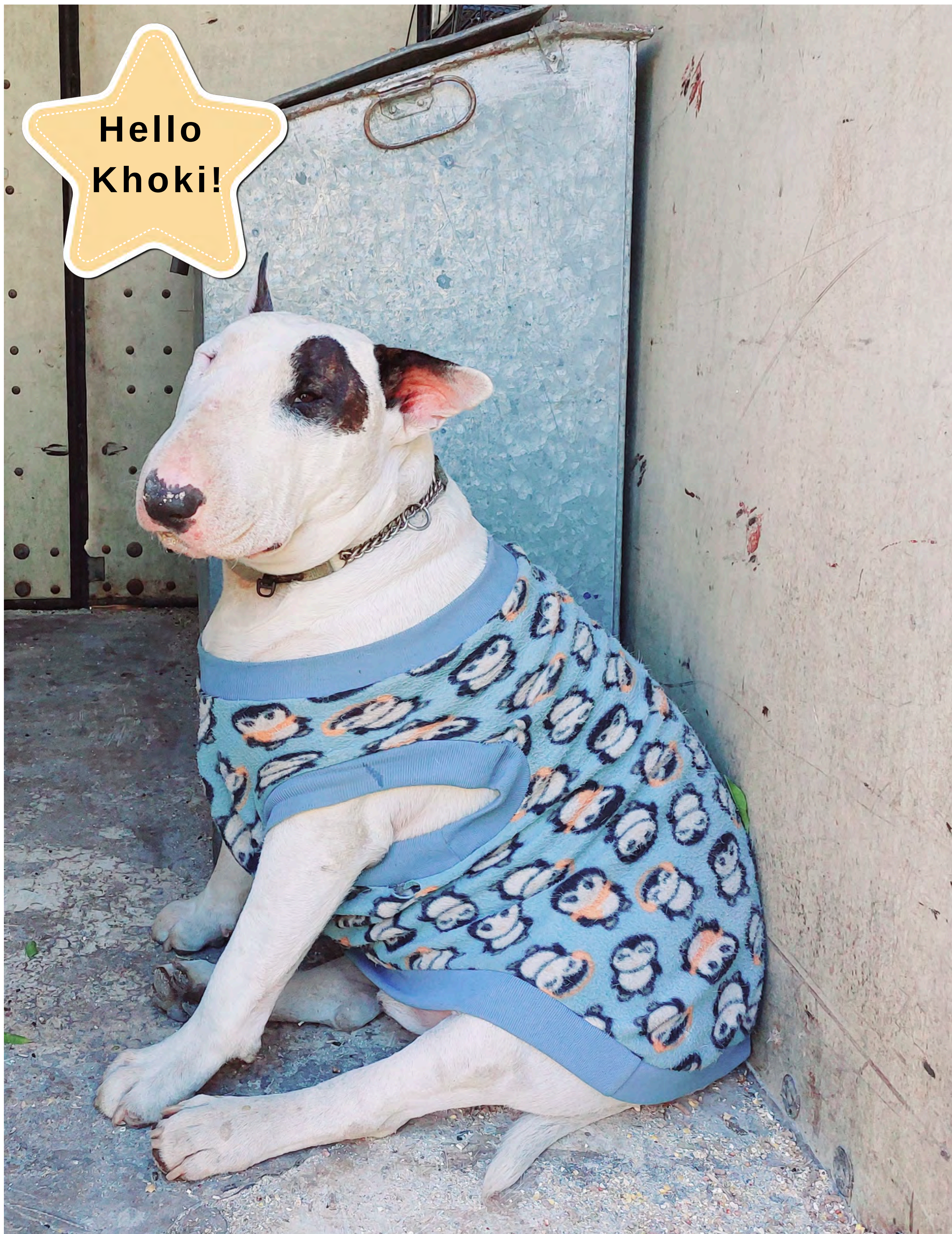
*If you manage to find the swarm you can always capture them again and start a new hive. Entice the new swarm to stay by filling their feeder with sugar syrup. If, however you don't find the swarm because they have traveled too far, you will need to go back to your hive and working through the frames, destroy all but one of the queen cells that has a viable queen larva in it. Within 25 days a queen will hatch, and within 10 days will begin laying eggs.*

*By late summer the queen's egg production will begin to drop off and the chance of swarming has decreased too.*



# THE PAGE 3 CUTIE

Hello  
Khoki!



## THE HOTTIE OF THE MONTH

### Valentine's Dinner

14 February 2025  
18:00 - 18:30

#### ON ARRIVAL

Welcome Drink & POP A BALLOON  
(Lots of prizes)

#### Starter

Biltong, Brie & Fig Heart Pizza

#### Main

Beef Medallions  
Chicken Filo  
served with mash  
&  
sautéed Green Beans with garlic

#### Dessert

CHOCOLATE FOUNTAIN  
with Variety Sweet Treats  
&  
Fresh Fruit Kebabs

Bookings Essential - Book before 10 Feb

044 752 1045

HUNGRY  
GHOST

SINGLE R200  
COUPLE R400



## UNIONS IN THE DALE

Ek is 'n middeljarige blanke vrou wat 'n liefdevolle en oulike man soek. Dis maar moeilik in die dorp want elke mens wil hul neus in jou besigheid indruk, rond snuffel en jou dan veroordeel. In the meantime is hulle huwelike glad nie so indrukwekkend nie. Ek is nie bang nie, ek kies wat ek kies en dis dit. As jy kans sien, skryf vir my. Jy weet nooit nie. Ek is nie outyds of behoeftig nie.

En ja, ek het baie katte.

#ekdoenwatekwil

LOVE

Are you looking for love or friendship or ....(not too many saucy details please). This is a strictly confidential place to advertise your beautiful self, and find who it is you are seeking. All you have to do is send me 70 words or less describing yourself and what you are looking for. Include an email adress and a pseudonym please. You don't have to use your real name at any point in your correspondence with me.

I will place your ad and if anyone is interested, all they have to do is Whatsapp (074 191 2114) or email me (theuniondalepost@gmail.com) with their response. I will then forward it to the relevant person, if they like the sound of you then they will respond. If not, eish.

# Uniondale Aptek

2025

## ONS TREK ONS

## 2025 BAADJIE

## AAN



Hier spook ons om die beste dienste te lewer!



### • LET'S TALK - IMMUNE SUPPORT & HEALTH BOOSTERS

- A HEALTHY IMMUNE SYSTEM IS NEEDED TO FIGHT INFECTION, PREVENT DISEASE, AND MAINTAIN OVERALL WELL-BEING. LIFESTYLE FACTORS LIKE DIET, EXERCISE, AND STRESS LEVELS MAY INFLUENCE OUR IMMUNE FUNCTION.
- ESPECIALLY INDIVIDUALS AT A HIGHER RISK OF IMMUNE DYSFUNCTION MAY NEED A "HEALTH BOOSTER."
- IMMUNE-SUPPORTING SUPPLEMENTS CONTAIN A WIDE RANGE OF INGREDIENTS, INCLUDING VITAMINS, MINERALS, AND HERBAL COMPOUNDS.
- KEY NOTES:
- MICRONUTRIENT SUPPLEMENTS SHOULD BE TAKEN WITH CAUTION AS HIGH LEVELS OF CERTAIN NUTRIENT CAN LEAD TO UNWANTED SIDE EFFECTS AND MAY NEGATIVELY IMPACT IMMUNE FUNCTION, ESPECIALLY TRUE OF THE FAT-SOLUBLE VITAMINS (E.G. VITMINS A, D, E AND K).
- ASK YOUR PHARMACIST ABOUT MICRONUTRIENTS, HERBAL EXTRACTS, MACRONUTRIENTS, DIET, AND LIFESTYLE HABITS.
- YOU ARE WELCOME AT UNIONDALE PHARMACY !!

KEENMIND CAPS 30'S R180-00

NEUROVANCE SYR 200ML R180-00

CO-BIOTIC CAPS 10'S R100-00

CNT VIT B12 CAPS 30'S R100-00



WHATSAPP ONS OP  
064 966 4260

## SENIORS CLUB

*Ons het ń heerlike oggend gehad en Anthea het ons Seniors bederf. Met die mooiste versierde cup cakes, en koffie/tee. Dit was ń heerlike oggend. Baie gelag en gesels. Games gespeel. Dit was wonderlik om té sien die interaksie van almal.*

*Moraletta is die voorsitter van ACVV Oud Onderwyderes.*

*Weermals Anthea en die staff van Alwyn koffie winkel baie dankie vir al die moeite wat in gegaan het om die winkel reg te maak vir ons seniors.*



**UAS**  
BIED AAN

*Valentyns  
Dans*

STEAK BRAAI  
R150  
KINDERS R100

SATERDAG **FEB 15** 19:00  
2025

UNIONDALE SKOUGRONDE  
LADIESBAR

BESPREKINGS:  
SUMI 0726150495  
DOM 0727864192

## JOYS OF LIVING IN THE KLEIN KAROO PART 1

One of the many joys about living in small towns in the Karoo (like Uniondale), is that you are close to nature, and nature is VERY close to you.

An exciting afternoon was had, as our contractors, who are fixing the roof, were having their lunch break under the cool shade of the big Yellowwood tree, and, as they were finishing up, Slinky Sam decided to gatecrash the party, much to their shock, as he just dived [fell] out of the tree! "Boomslang!", they cried, which literally means "tree snake", and for those in the know, is quite an unfriendly companion, when he is rattled.

Long story short, our amazing Uniondale Fire Service [who are also expert snake removers], came over for a visit. After much searching, they determined that Slinky Sam had vacated the area for now. After conversations, it has been concluded that he was not a traditional "boomslang", [thank goodness!] as he was large, thick and brown/grey... maybe we should rename him to Egbert?

So in conclusion of this chapter, we may have a new pet, and just need to be extra vigilant when going outside for the next few days. On the plus side, our visits from the "Mousers" family may be put on hold for a while. Tommy, Tony and Tanya, the Toadsters, do not, however, seem to be deterred and are still holding their nightly parties in the back garden (at least they have good taste in music, so we don't mind much).

**HELEN SLOWEY**

Plaaskind Padstal  
**SUNDAY LUNCH  
EVERY SECOND SUNDAY  
IN DE VLUGT**

Sappige Karoo Lam Tjops  
Geurige gemengde rys  
Bruin gebraaide aartappels  
Pampoen koekies met karamel sous  
Vars groenbone met mash  
Griekse slaai

Nagereg  
Sago poeding met warm vla

Slegs op besprekings  
Welkom om u eie wyn te bring.  
066 439 8830

## DIE APTEEK GAAN AWOL

As 'n dag eers só begin moet 'n mens maar jou geduld-pet uit die laai gaan haal en stewing op jou kop sit want die ongeduld-son gaan nog warm op jou kroontjie brand. Nella het die Woensdag gou agtergekom sy het haar geduld-pet dringend nodig, toe Oom Sams bulderend die tuisnywerheid binne storm.

'Waar de donder is die apteek nou?' brul hy, kierrie al beduidend in die lug sodat Nella, wat gelukkig netbal op skool gespeel het, vinnig moes spring om te keer dat Ta Mossie se appelkooskonfyt van die rak afvlieg.

'Die apteek het getrek, oom,' sê sy, haar stemtoon so vrolik as moontlik.

'Getrek?' vra Oom Sams fronsend. 'Maar dis blêrrie onnodig! Hoekom sou Lot dit doen?'

'Hulle het 'n groter plek nodig gehad, oom.' paai Nella. 'Is dit nie opwindend om te sien hoe die dorp uitbrei nie?'

Nella is nog besig om haar mees opgewonde gesigsuitdrukking te vorm toe die kjaatkierie weer in die lug skiet.

'Rakke!' beduie Oom Sams en wys links en regs en agter en voor hoe Nella haar winkel in 'n japtrap tot 'n superwinkel kan verander. Die apteek kon mos nog rakke ingesit het! 'Eintlik was die rakke deel van die probleem,' sê Nella huiwerig en mik vir die yskas. 'Wil oom nie 'n Coke drink nie? Dis reeds so warm buite.'

Sy hou 'n koel, rooi blikkie so half versigtig na die oom toe uit. 'Die rakke het te hoog begin raak en mnr Lotter was bang dat een van sy personeel hulself sal beseer met die op-en-afklim.'

'Dan dra 'n mens mos ordentlike stewels!' verduidelik oom Sams met 'n finaliteit wat die saak suimer afhandel.

Met haar oog op die kierie besluit Nella om net saam te stem en die vrede te behou. Sy stap winkel deur toe en wys met haar vinger straat af om te verduidelik waar die apteek nou is. Oom Sams mompel in sy digte snor in en neem die laaste slukkie Coke uit die blik.

'Kort net 'n bietjie brandewyn daarby,' sê hy en gee die leë blikkie aan Nella terug. 'Wat skuld ek jou, juffrou?' vra hy en mik na sy linkerbors se hemsak wat styf gespan om sy beursie rek.

'Nee wat, oom. Dis my geskenk aan oom vir Valentynsdag.'

Nella weet teen die tyd – net so kwaai soos wat oom Sams kan wees, net so sag is sy hart. Hy maak keel so half verleë skoon en die kierie skiet weer in die lug. Nou beteken dit Tot Weersiens. Toe die oom by die sypaadjie kom, gryp Nella haar selfoon en bel die apteek.

'Julle beter regstaan,' sê sy nadat sy Linus vinnig gegroet het. 'Oom Sams is oppad en hy's vies dat julle perseel verander het. Hy kla oor die rakke.'

'Huh. Rakke?' vra Linus en krap sy hare deurmekaar op sy kop. 'Watse soort siekte is dit?'

**KORTVERHAAL DEUR DESIRÉE SIVSDOTTIR - JORDAAN**

## SKOOL NUUS

*Vir die eerste keer in ons geskiedenis as 'n dorp het Uniondale Hoërskool en Uniondale Laerskool 'n sport dag gedeel. Die son was uit, daar was die heerlikste klank deur Pastoor Meiring verskaf asook baie opgewondenheid! Elke kind van die kleinste tot die grootste het hul bes gegee en ons was geëerd om deel te wees van die geleentheid. Baie dankie aan beide skole vir die uitnodiging!*



## CLOUD OF THE MONTH 'duck billed platypus'



### RIDDLE

*A man looks at a painting in a museum and says, "Brothers and sisters I have none, but that man's father is my father's son." Who is in the painting?*

### ADVERTISING RATES

QUARTER PAGE -  
R125.00

HALF PAGE - R250.00

FULL PAGE - R500.00

### RIDDLE SOLUTIONS

The dead man had a parachute in his backpack.



They put a hole in the bucket.



## CONTACT US



PLEASE SUBMIT YOUR ARTICLES, ADVERTS OR PHOTOGRAPHS FOR INCLUSION IN OUR NEXT EDITION TO

theuniondalepost@gmail.com

Whatsapp Lorna 0741912114

or

Kiewiet 0835608294 (the Afrikaans connection)

## SIGNS SEEN IN THE WILD



This is the greatest Amazon review I have ever seen.

Cory H.  
★★★★★ Verified Purchase  
Order them now



Can I just say that I will be reordering them in every color. Here is me rolling and sliding down a mountain because I was too scared to get up. My leggings did not rip not even a little bit and I got stuck on rocks and trees.