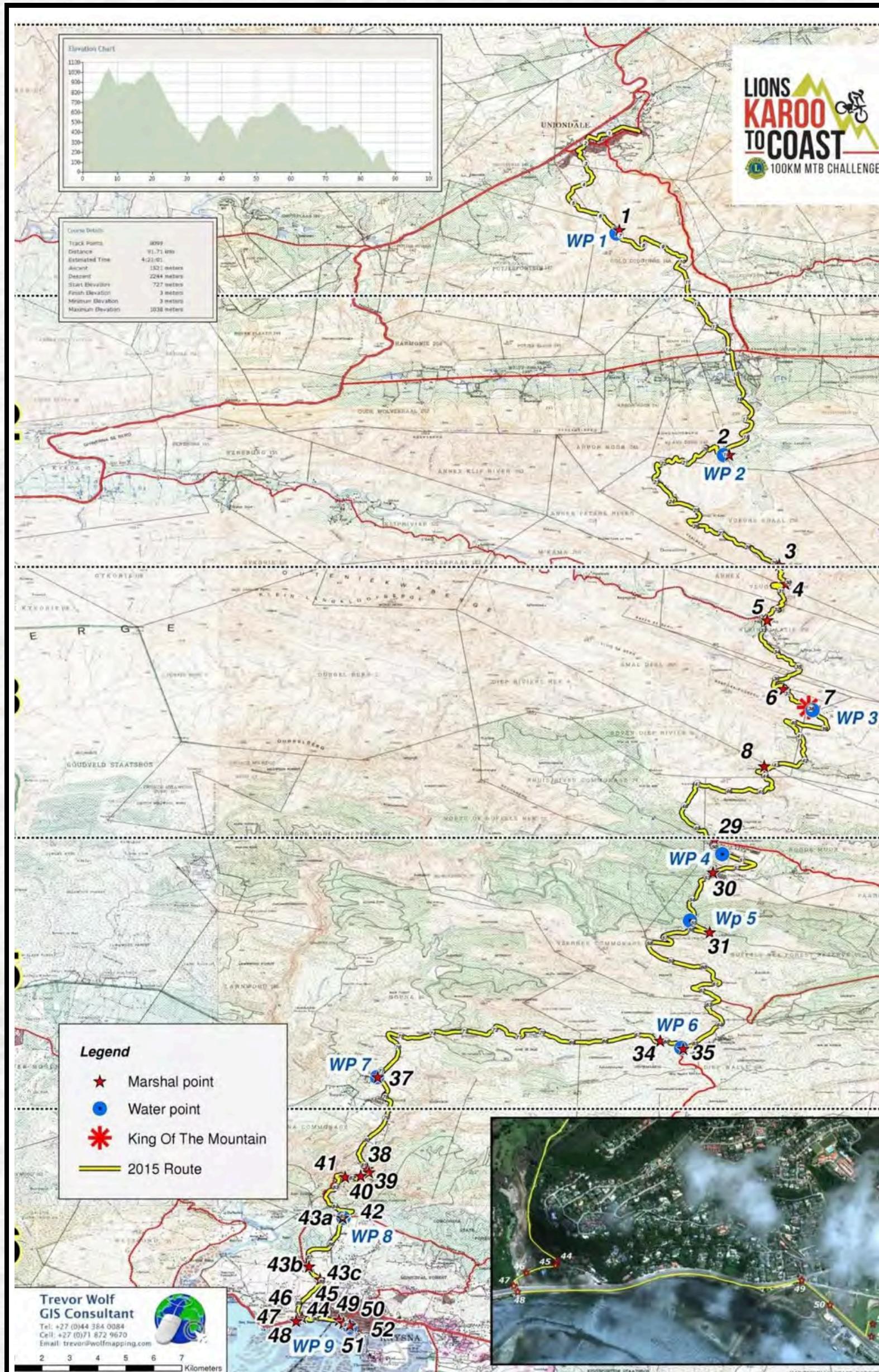




THE HILLS ARE ALIVE!



On the 22nd of September, the hills between Uniondale and Plettenberg Bay will rattle and hum with the wheels of 4500 MTB's, as they find their way to the finish line, in the 2024 Lions Karoo to Coast 100km MTB Challenge. One of South Africa's most iconic bike races, this event brings thousands of visitors to our town.

Watch as Uniondale comes alive and everyone gets involved in the spirit of the event. Community members volunteer as marshals, work the aid stations and provide catering for the hordes of hungry cyclists descending on our sleepy village.

The race starts in the arid Karoo, and goes through to the lush Knysna forests over some spectacular passes. From the notorious Ou Wapad between Uniondale and Avontuur, Prince Alfred's Pass and Kom-se-Pad through the beautiful Gouna Forest. It has become an event not to be missed.

The event is owned by the Lions Clubs of Uniondale and Knysna and all proceeds from the event go to Sightfirst, the South African Guide Dog Association and other urgent needs in the community.

OUR MOST SINCERE AND HEARTFELT THANKS TO DAPPER DAVE @DAVKOR
FOR PRINTING OUR SECOND EDITION FOR FREE AND GRATIS. YOU BETTER
STILL SUPPORT HIM! FIND HIM AT 1 CHURCH STREET.



FREE



FREE



THE GARDEN REPORT

HAVE YOUR PLANT PROBLEMS, NATURAL NUISANCES AND GARDENING GAFFES HANDLED HERE!

I am struggling a lot with mildew on many of my vegetable leaves. Neem hasn't worked, and I want solutions I can make up myself if possible. I currently spray a foliar feed once a week and Neem once a week. Please help?

For Powdery Mildew, the best Natural remedy is the following: Mix 5 l water with 2 tablespoons of Bicarbonate of Soda (Kooksoda), 1 Tbsp Paraffin Oil, and 1 teaspoon of DW liquid.

Mix together and spray once a week.

Please share a really good natural fertilizer mix with me?

There is nothing that beats the liquid which is decanted off Red Wriggler worms in a Compost Bin. (Worm Tea) Mix one litre Worm tea with 4 litres water.

Worm tea is a liquid fertilizer made by combining water with worm castings. It acts as a natural insect repellent, improves soil health, and boosts plant growth by providing nitrogen. It contains good bacteria that put nitrogen back into the soil, making it superior to chemical fertilizers.

Worm farms and instructions are available at Free from Nature.

Free From Nature

082 882 8688 atserv@mweb.co.za

Your local supplier of

Fruit Trees – Vegetable and Herb Seedlings –
Organic Vegetable and Herb Seeds – Medicinal and Herb Plants
Hydroponic, Microgreen and Sprouting Kits
Organic Fertilisers and Red wriggler Worm Farms

WHAT TO PLANT IN THE LITTLE KAROO IN SEPTEMBER

IN SEED TRAYS

Asparagus
Beetroot
Basil
Cabbage
Carnation
Dianthus
Eggplant
Peppers
Sage
Tomatoes

DIRECT SOW

Borage
California Poppy
Carnation
Dianthus
Carrots
Catnip
Chives
Coriander
Cornflower

SEEDLINGS

Cucumber
Dill
Fennel
Feverfew
Lemon Balm
Lettuce
Sunflower
Radish
Tomatoes
Swiss Chard
Marigold
Mustard
Pansy
Nasturtium
Parsnips
Peppers
Rocket
Rosemary
Spinach
Squash
Spring Onions
Sweetcorn
Tomatoes

PLANT OUT

Jerusalem Artichokes
Daylilies
Ginger
Potatoes

NATURAL BUILDING WORKSHOP 2024

Uniondale, Western Cape, South Africa



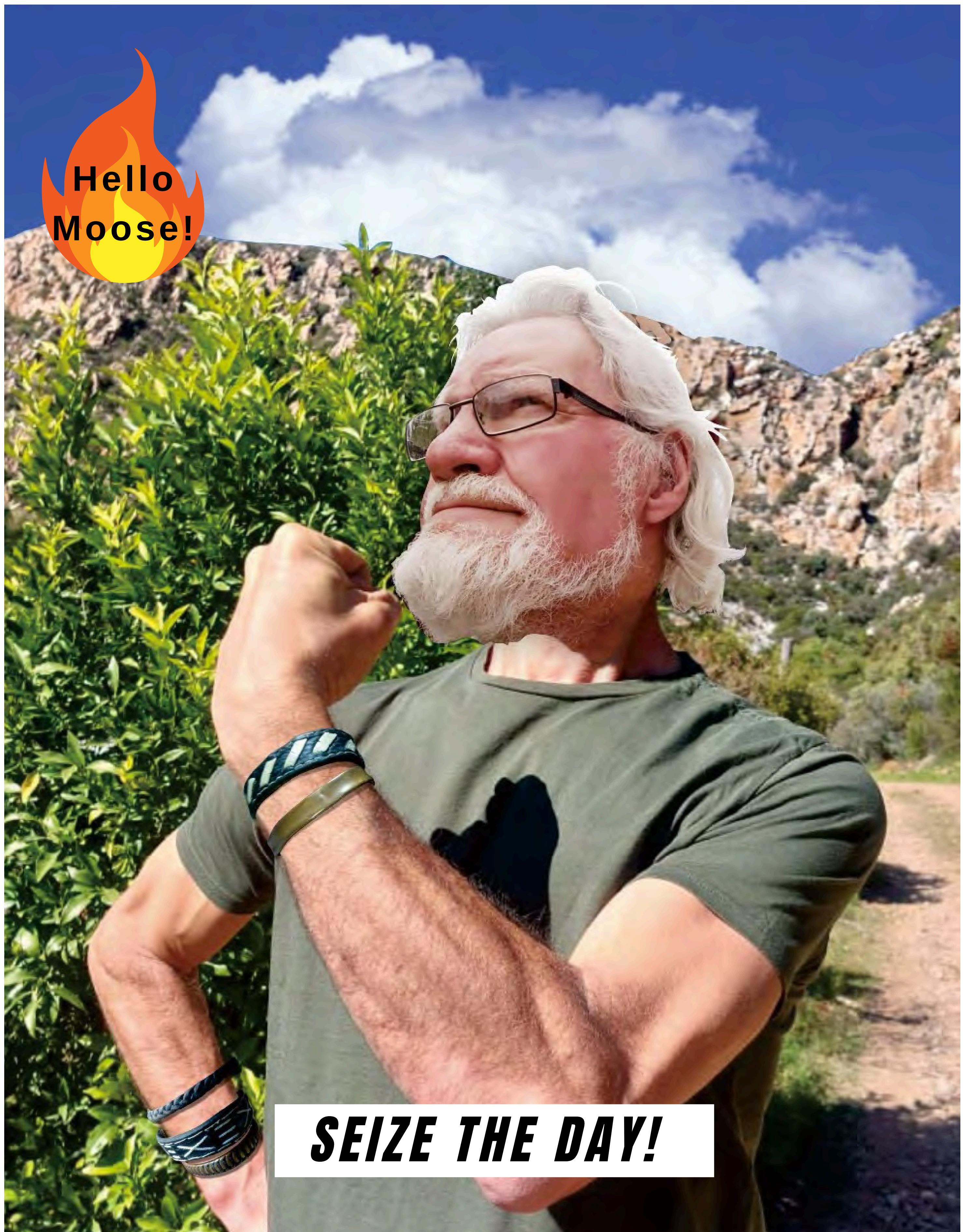
We are hosting 2 Natural Building Workshops in September: 13, 14, 15th and 20 to 24th.

Come and experience the pleasures of working with materials born in nature. Learn how to build your own house, a garden bench or a Cob oven.

You will be introduced to Cob, Adobe, Strawbale, Wattle and Daub, Light Earth and Rammed Earth methods. Couples and Families welcome. Contact us for more info and accommodation by whatsapp on 0828828688 or atserv@mweb.co.za

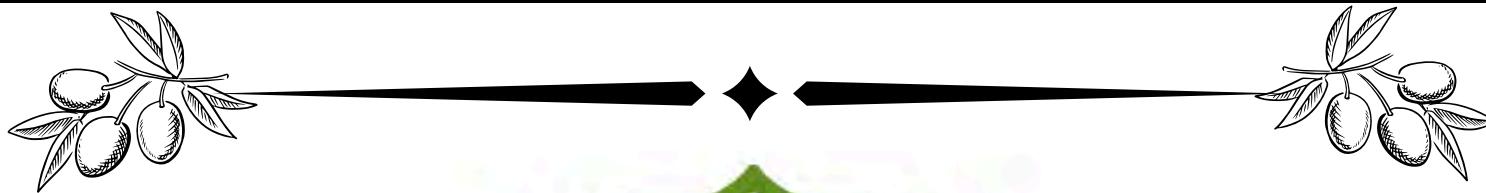


THE PAGE 3 STUK (HOTTIE) OF THE MONTH



SEIZE THE DAY!

KEURKLOOF VALLEY - FAMILY FARM



A family dream turned into reality when we found the perfect farm in Uniondale 2 years ago. We slowly started manifesting all the things we had ever wanted. Organic vegetable gardens, handmade food products, free range eggs and a life of purpose. Our products now sell at a variety of outlets between Uniondale and the rest of the Cape. Our current offering is listed below.

KEURKLOOF VALLEY LEMON PEPPER

A blend of citrus and warming black and pink pepper.

KEURKLOOF VALLEY CITRUS AND SPICE MIX

A bright seasoning with cumin, nigella seeds, citrus and sumac.

KEURKLOOF VALLEY HOT AND SMOKY SPICE MIX

A warming blend of spices with paprika, coriander, chilli and red onion.

KEURKLOOF VALLEY CHAI TEA LATTE

A blend of soothing spices blended to create an aromatic drink.

KEURKLOOF PLUM AND KOMBUCHA FRUIT LEATHERS

Cherry plums blended with kombucha pellicle and ginger. A very nice snack that is also good for you.

KEURKLOOF VALLEY ROSEMARY SALT

Rosemary and Red onion combine beautifully to create a spice perfect for any meat or vegetable dish. Great on your favourite chop as well.

KEURKLOOF VALLEY BOUQUET GARNI

Muslin pockets stuffed with herbs, ideal to flavour soups, stews, rice and beans. Remove and discard before serving the dish.

KEURKLOOF VALLEY SPEKBOOM RELISH

Picked in the hills of the Klein Karoo, this tangy and flavourful relish has citrus and Asian flavours.

KEURKLOOF VALLEY PLUM AND RUM JAM

A fragrant accompaniment to your cheese platter. Made with cherry plums and spiced rum.

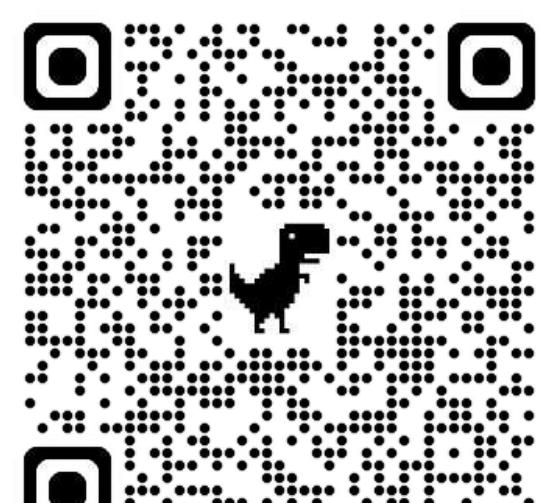
KEURKLOOF VALLEY APPLE PECTIN

Liquid soluble fibre extracted from apples.

Find us on INSTAGRAM @keurkloofvalley/ Email keurkloofvalley@gmail.com or Call 0832680702



WE ALSO HAVE AN AIR BNB COTTAGE ON THE FARM. SCAN THE QR CODE FOR INSTANT ACCESS!



Klasse: Lewenswetenskappe (LW), Geografie (Geo),
Natuurwetenskappe (NW); Sosiale Wetenskappe (SW)

- * sukses met LW/Geo/NW/SW of wil punte verbeter?
- * hulp nodig met tuisonderrig?
- BESONDERHEDE:
- * klasse in Afrikaans of Engels
- * GEBIED: Haarlem, Uniondale, Avontuur, Misgund, ens.
- * VAKKE & GRAAD: LW & Geo (Gr 10 – 12); NW & SW (Gr 7 – 9)
- * KOSTE: R150.00/huur
- KONTAKBESONDERHEDE:
- * Dr Joy Paton
- * E-pos: joypurenature@gmail.com;
- * Tel: 083 720 4063



Problems with bats in your building/s?

I offer assistance including the following services:

- Inspection of building/roof
- Identification of the problem
- Recommendations based on your specific needs
- Further assistance, based on your specific needs
- Removal of guano (faeces)
- Release of stranded bats

Contact details:

Dr Joy Paton (PhD Zoology)
Cell: 083 720 4063
Email: colemanj@ukzn.ac.za



Uniondale Family Market Day

LAST SATURDAY OF EVERY MONTH



THE UNIONDALE FAMILY MARKET
TAKES PLACES ON THE LAST
SATURDAY OF EVERY MONTH. FIND US
AT 1 CHURCH STREET (THE DAVKOR
PREMISES) BETWEEN 9AM -1PM.

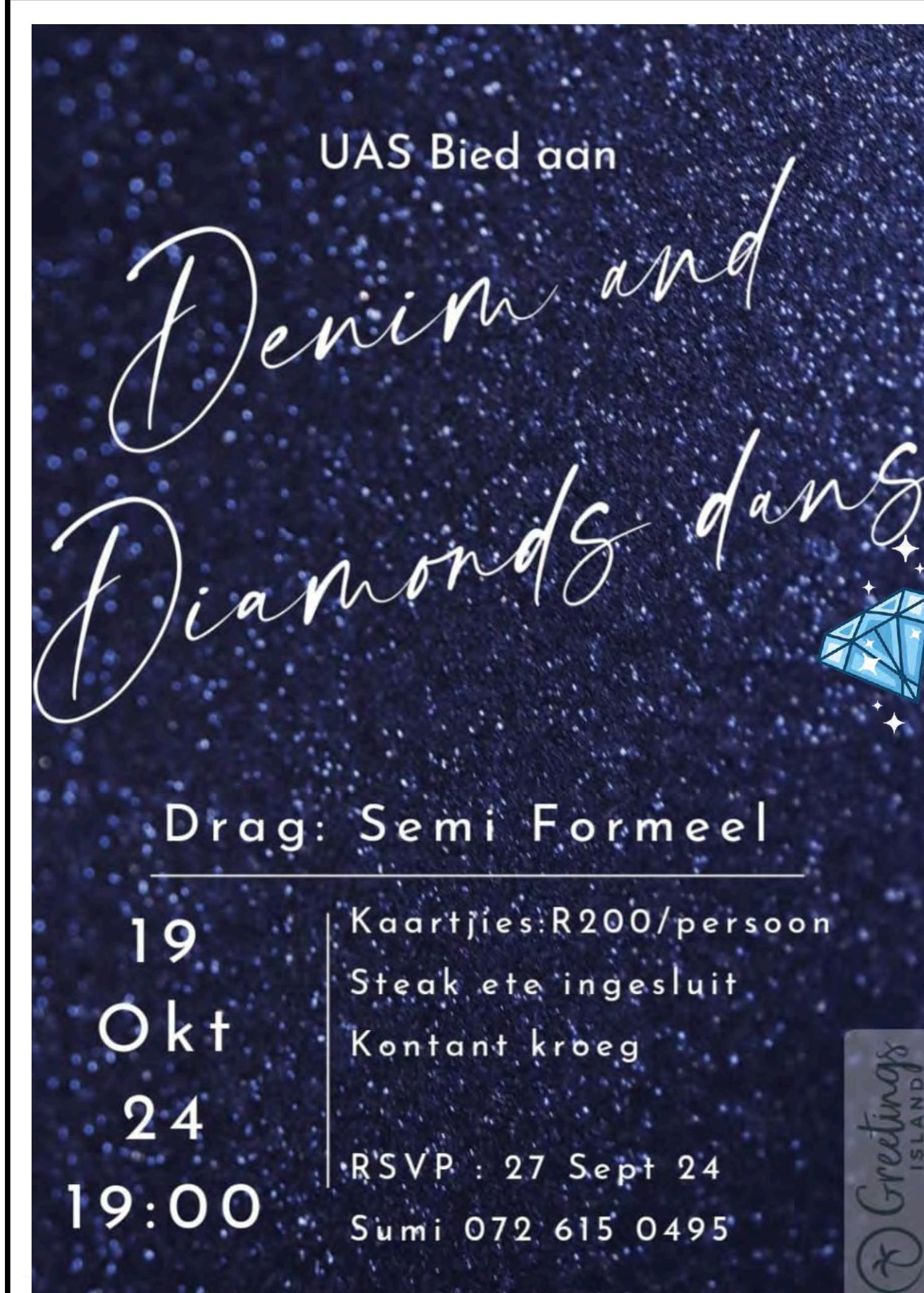
COME VISIT US AND YOU WILL FIND:
GIFTS
CLOTHING
FOODSTUFF
DECORATIVE ITEMS
A WHITE ELEPHANT STALL
GARDEN REQUISITES
COFFEE
JAMS AND PRESERVES

PLEASE CONTACT LU (THE MARKET
ORGANIZER) FOR INFORMATION ON
BECOMING A STALLHOLDER ON 062
800 9988



**WOOL ETC
UNIONDALE**

WOOL ETC. WOL WINKEL IN RIETVLEI,
UNIONDALE. REDELIK GROOT
VERSKEIDENHEID CHARITY EN MIRAGE
WOL. KONTAK MONIKA 082 3399 9158





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Financing available R25,000 - R1 000,000+
Rent to Own Systems available!!!!

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ECA and AREP Test Reports





Let's eat
CAKE!

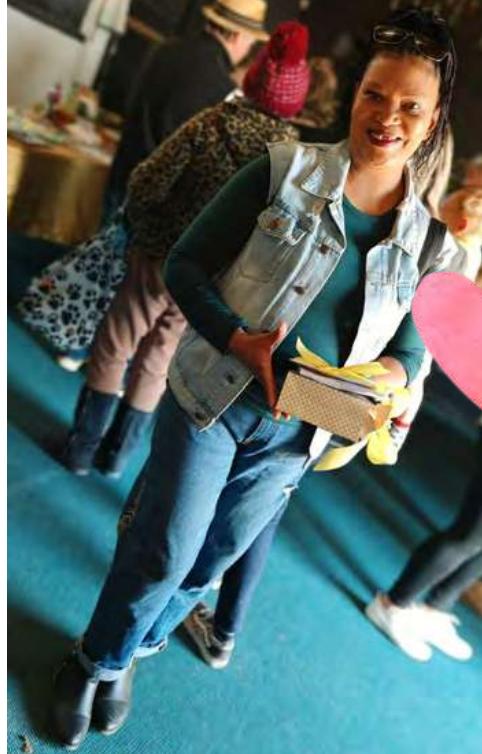
COMPETITION RESULTS

Let's eat
CAKE!



Eye candy alert!! This months cake competition saw a table groaning under the weight of 6 homemade wonders. From a Tropical Carrot to a Black Velvet, variety was abundant, along with experience levels and for some - the pure joy of participation. The winner, with a magnificent chocolate cake was Hazel Jumat. It tasted even better than it looked, which is no mean feat.

Congratulations!!!



On a sidenote - an emergency situation necessitated the purchase of a cake made by Thea Coetzee from The Skoonheidsentrum, by Marcel. It ended up placing 2nd in the competition!

Congratulations Thea! ❤



Next month - potjie competition.



The Uniondale Post will be holding a potjie competition next month, at the family market on the 28 september at 12h30. Prize money for the winner. Every entry must have a theme and appropriate decor. Set up on the open area outside the market building. Details to follow on the Uniondale Locals group.

AGONY AUNT

Dear Susie

My husband is an alcoholic, when he gets his salary he spends it on booze and my children and I suffer. We often don't have anything to eat because he has spent it all. What do I do?

Dear Writer

It is yours and your children's right to be properly looked after, supported and fed. You are not alone and there are resources available to help you and your family. All you have to do is reach out, and let the right people and organisations know about your situation. Please contact one of the following, help is free and always confidential.

THE NATIONAL DOMESTIC VIOLENCE HOTLINE 0800150150 (for abuse of any kind)

ALCOHOLICS ANONYMOUS 0861435722

Send your problems or troubles with life, relationships and everything in between to - Susie at theuniondalepost@gmail.com



The African Aloe Cafe

 **ONDER NUWE BESTUUR** 

Kaaskoek nog beskikbaar. Appeltart met room die nuwe gunsteling.

Nuwe ontbyt spyskaart. Nuwe tee spyskaart met 'n heerlike verskeidenheid tee. Drie gang maaltye een keer per maand beskikbaar.

Tuisgemaakte pasteie. Gevriesde lasagnes as ook pasteie. Heerlike tuisgemaakte konfyt. Kom besoek ons gerus vir 'n gesellige atmosfeer en puik diens.

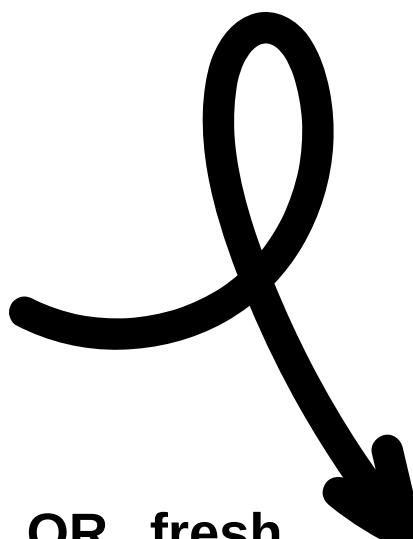


076 833 6067 Voortrekker st, Uniondale.

RECIPE OF THE MONTH

THE BEST CHICKEN LIVERS PERI-PERI

1 tablespoon butter (the best butter you can find)
 1 tablespoon olive oil
 1 large onion, finely chopped
 1 tablespoon finely minced garlic (2 large cloves)
 1/2 cup red bell pepper, diced
 450g chicken livers, cleaned and trimmed of excess fat
 1 teaspoon salt
 1 teaspoon cracked black pepper
 1/2 tablespoon Worcestershire sauce
 2 tablespoons tomato paste
 1 1/2 teaspoons cumin
 1 1/2 teaspoons smoked paprika
 1 teaspoon peri peri chili powder OR fresh chopped red chili (depends on how spicy you want it!)
 1 tablespoon fresh oregano leaves
 2-3 bay leaves depending on size
 1/4 cup fresh lemon juice
 1/2 cup (min) to 3/4 cup (max) heavy cream - it depends on how saucy you want it!
 1-2 tablespoons brandy
 To serve: fresh parsley and crusty bread with butter.



Heat butter and olive oil in a large skillet over medium heat. Sauté onions for 3 minutes or until translucent, add garlic and chicken livers. Sauté until chicken livers are browned, then add red peppers and sprinkle with salt and pepper. Stir, add tomato paste, Worcestershire sauce, seasonings, oregano, bay leaves and lemon juice.

Cook for 2-3 minutes, stirring until all the flavors meld. It is important so that the lemon juice melds with the other ingredients first, otherwise you may experience curdling.

Lower the heat, add heavy cream and simmer for 5-10 minutes being careful not to overcook the chicken livers. I usually test one by cutting it open and it should still be just slightly pink in the middle. Pour brandy into the pan, sprinkle with parsley and serve with crusty bread.



WAN'S EMBROIDERY

MACHINE EMBROIDERY



Voorskote - Tafeldoeke - Spoeddoeke
 T-Hemde - Handdoeke - Waslappe
 Babakombersies - en baie meer

Carel
 076 165 2866

Hoofstraat 1, AVONTUUR
avontuurdienstsasie@gmail.com

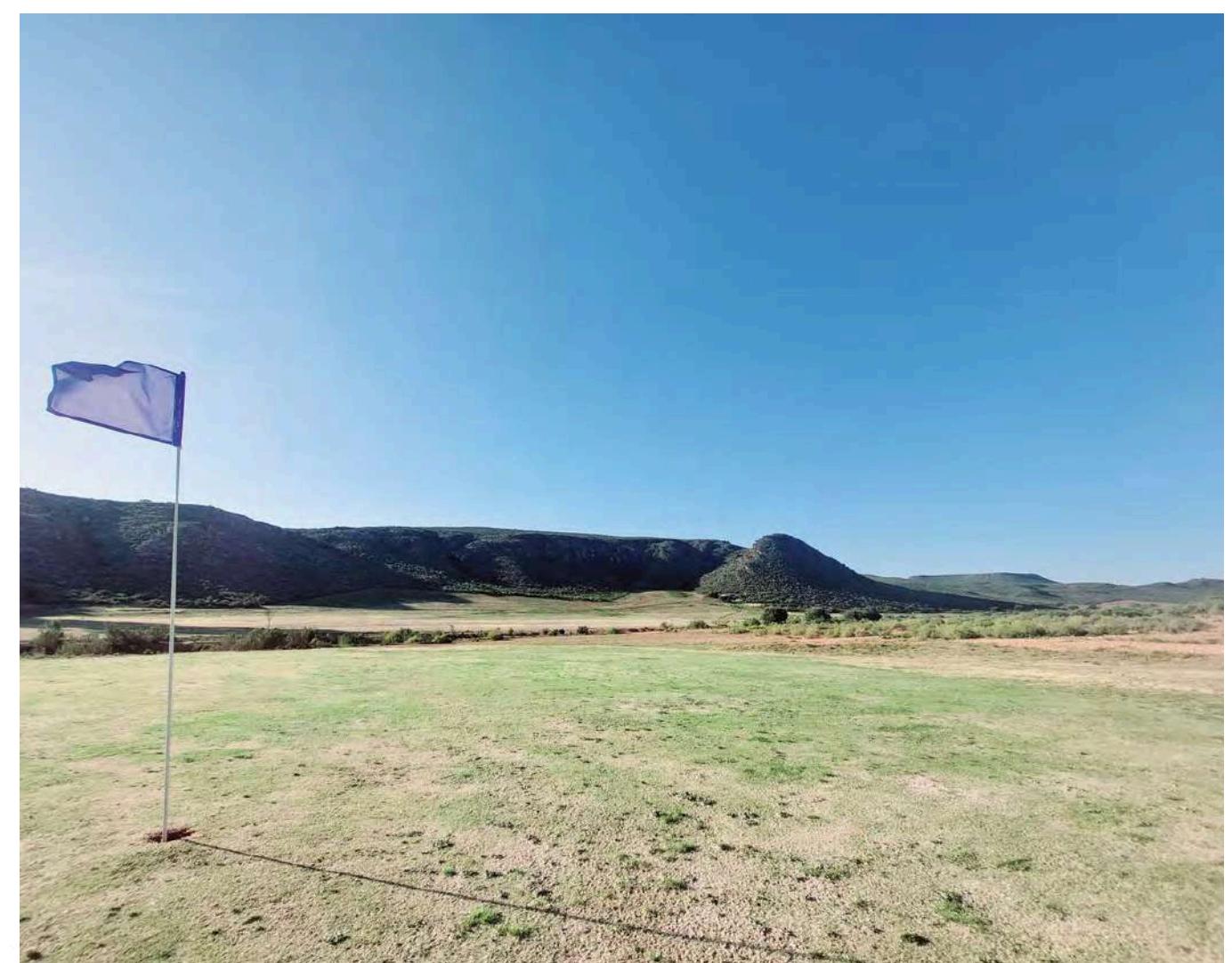


Hester
 082 550 1451

ONS WERK OOK OP BESTELLING

Uniondale Lawn Bowls @ Stoneleigh Country Estate. Regular play on Tuesdays and Saturdays. For more info contact Amanda Olivier on 082 787 2779

Uniondale Golf Club @ Stoneleigh Country Estate. Regular play and clubhouse open on Saturdays. For more info contact Gert Olivier on 082 457 1187



POLICING UNIONDALE



Op Donderdag, 2024-08-15 het Uniondale SAPD, in samewerking met ander rolspelers 'n pamperlang sessie gehad. Die fokus was om bejaardes en dames uit die gemeenskap spesiaal te laat voel. Dis nie aldag maklik om 'n vrou te wees nie, en dames het net nie altyd tyd vir selfsorg en 'n bederfie nie. Tydens die geleentheid was die gaste bedien met 'n smaaklike 3 gang maaltyd.😊

Ons het verskeie gassprekers gehad en elkeen het 'n woord van bemoediging gegee. Geslaggebaseerde geweld is 'n allerdaaglikse misdryf, regoor die wêreld, en nie almal het die vrymoedigheid om daaroor te praat nie. Almal is ook nie ingelig oor die feite of tekens, en of selfs nagevolge van geslagsgebaseerde geweld nie.

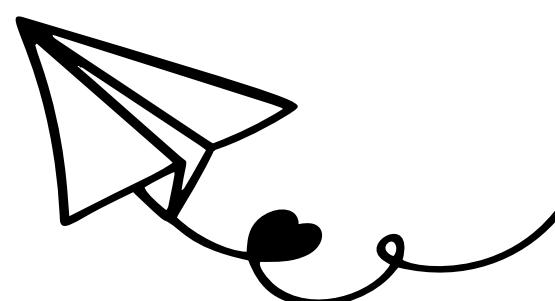
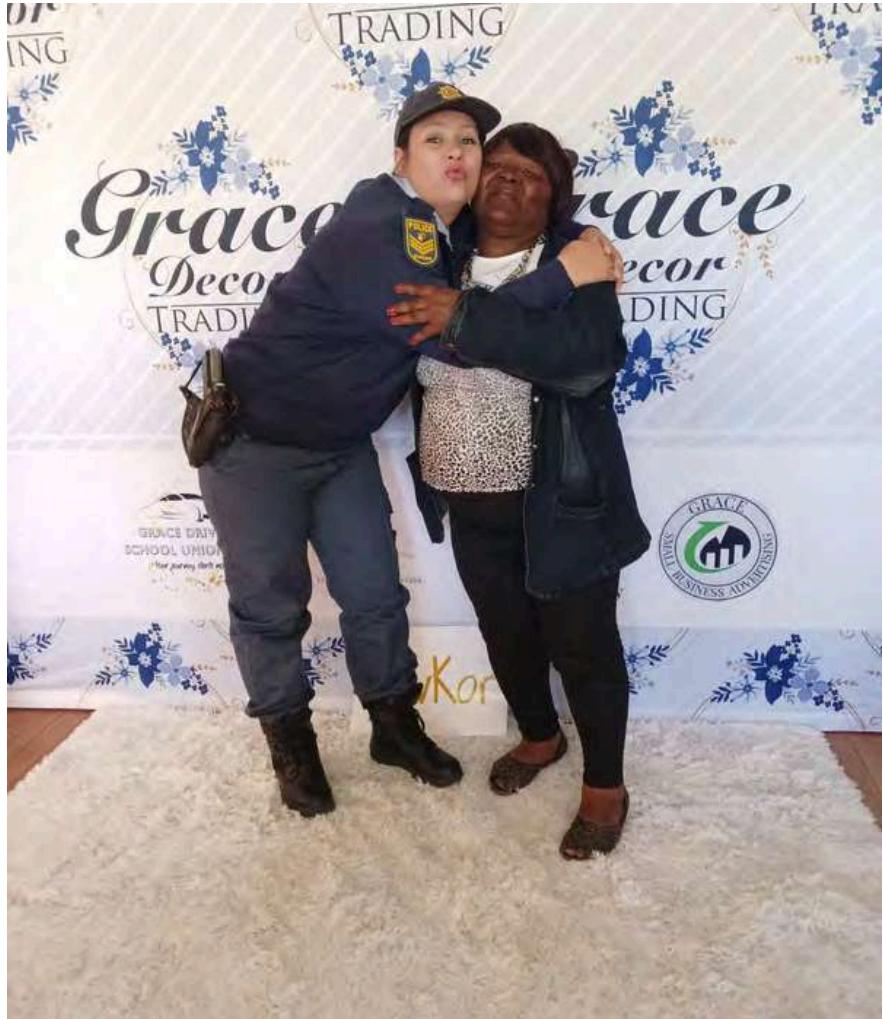
Ons moet leer om tyd te maak vir onsself en vir mekaar. En ons moet mekaar ondersteun.

Baie dankie aan al die borge wat die spesiale dag moontlik gemaak het. Onder anderde Lions Klub, Davcor, Grace decor, Jozelle, uniep. (verskoon tog indien ons iemand uitlaat). Al die organiseerders, en dan natuurlik ons spesiale gaste. Sonder hulle, sou die geleentheid nie kon plaasvind nie.

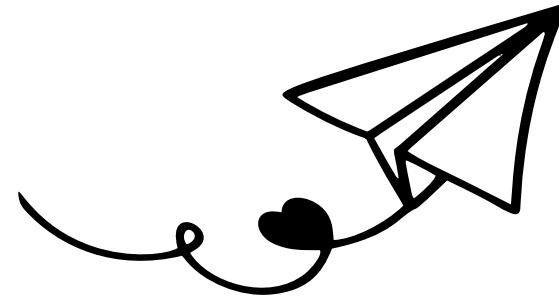
Geloof, Hoop en Liefde, maar die grootste hiervan is die LIEFDE. Dit is wat ons elke dag aan mekaar moet betoon.

PHONE: 044-7526600, 044-75266610
FAX: 044-752100

CHURCH STREET, UNIONDALE



UNIONS IN THE DALE



Single Afrikaans lady of 58 looking for a single Afrikaans man between 56 and 62. Must love spending time in nature, photography and exploring new places. Must not be lazy or glued to the tv. I want a man to do things with, not to watch me do them. If you have crazy children please do not contact me.
#cutebutquiet

Young - at - heart older gentleman seeks a female companion of independent means, to strike up a friendship and see where it leads.

I work overseas but am home every third month, I would love to have company upon my return. I'm a very good cook and have a respectable wine cellar. #itcouldbeworse

I am a middle-aged man looking for real love. Not just someone that will make me food and clean the house, that's all superficial, I mean someone that I can share my aspirations, fears and feelings with. Couch potatoes are a no-no, I'm looking for that special person who would be willing to get up and go fetch me a cold beer while we're watching our favourite action series. Someone that will hold the umbrella on a hot day while I'm polishing their jet-ski. Speaking of hot, although looks aren't everything, attraction is the essence of magnetism. It's the yin-yang of biology. So preferably I would like someone who is independant, mature, in their twenties or thirties, knows what yin-yang is all about - like a yoga instructor- maybe has a background in modelling or massage and enjoys water sports. #lookingforlove

Are you looking for love or friendship or(not too many saucy details please). This is a strictly confidential place to advertise your sexy self, and find who it is you are seeking. All you have to do is send me 70 words or less describing yourself and what you are looking for. Include an email address and a pseudonym please. You don't have to use your real name at any point in your correspondence with me.

I will place your ad and if anyone is interested, all they have to do is Whatsapp (074 191 2114) or email me (theuniondalepost@gmail.com) with their response. I will then forward it to the relevant person, if they like the sound of you then they will respond. If not, eish.

Die Spens

Hoofstraat 1,
AVONTUUR

082 550 1451

Hester van der Merwe

Plaasprodukte in seisoen
Warm drinkgoed
Koue drinkgoed
Handwerkgoed
Ligte eetgoed
Lekkergoed
Soetgoed
Geegoed



MEESTAL TUISGEMAAK, TUISGEBAK EN
ONS EIE HANDEWERK

ALGEMENE TREKKERS & IMPLIMENTE T/A
AVONTUUR DIENSSTASIE

Hoofstraat 1, AVONTUUR
avontuurdienstsasie@gmail.com

Carel
076 165 2866

Hester
082 550 1451



WERK AAN ENIGE FABRIKAAT VOERTUIE

- Trekkers
- Plaasimplimente
- Meganiese werk
- Dienste

Puuuuure Plaas

HIDDEN TREASURE DISCOVERED IN UNIONDALE

I was riding along the N9 towards the Baviaans and passed right by a sign that said Uniondale, but pushed on. Then I was treated to an unfolding view on my right of a lovely looking town, a green oasis compared to the parched Karoo, surrounded by beautiful mountains. Suddenly there was yet another sign that said Uniondale and I remember thinking " a Union of what? Mountains? All meeting in the dale?"

Of course I'd like to pretend that my decision to visit, and the wonderful experiences I have had in this town was due to my research and discovery of Uniondale's origins and rich history. I could also tell you, the reader, a little story of how I visited Uniondale because I was taken by the spirit of adventure in the quest for new experiences, but the truth is I was overwhelmed by a need for a cup of good strong coffee. Only later did I uncover the true treasure that is hidden in this town. And discovering that treasure has been enough to prompt me to overcome my inertia and write this story down.

Because there really is a hidden treasure in this town and it is this. However highly you think about yourself, however rich or clever you may think you are, no one is impressed by a big city attitude. No one cares about fashion or hairstyles. its all meaningless,

What they care about is are you nice, are you kind, are you a good person? Are you real?

Uniondale is not a union of towns or hills or valleys. It's a union of different people, a people in unity, making the most out of life in a difficult place, together. The hidden treasure is the people I have met, who wont even admit they are the soul of this land, and the glue holding us together

That's what the town means to me, it would be a perfect place except.....

....For the life of me, I still can't find a good cup of coffee. (ANONYMOUS SUBMISSION)

DIERE MANIERE

DIT MAG HULEET

- **GRONDBOONTJIEBOTTER:** Honde is lief daarvoor en die gesonde vette is goed vir hul hart. Kies die rou, ongesoute produk en vermy die suikervrye, "ligte" een. Pasop vir xylitol.
- **JOGURT:** Die probiotika daarin is goed vir sy spysvertering.
- **SALM:** Die omega 3-vetsure hou sy pels blink en gesond.
- **EIERS (GAAR):** Dit bevat protein en ander gesonde voedingstowwe.
- **GAAR WITRYS OF PASTA:** Witrys met opgekookte hoender kan honde beter laat voel as hul maag omgekrap is.
- **MAER VLEIS WAT GOED GE-KOOK IS:** Verwyder alle sigbare vet, insluitend pluimvee se vel. Ook alle bene.
- **HAWERMOUT:** Dis 'n goeie bron van oplosbare vesel, en veral voordelig vir ouer honde wat met 'n vaste maag sukkel.
- **PYPKANEEL:** Dit kan gewrigspyne weens artritis help verminder. Pypkaneel help ook die bloedsuiker- en cholesterolvlakke beheer.
- **PIETERSIELIE:** Sit dit op kos om sy draak-asem vars te hou.

VERMY DIT

- **XYLITOL:** Dié kunsmatige versoeter is baie giftig vir honde, selfs in klein hoeveelhede. Dit kom in baie produkte voor, bestudeer dus die etiket noukeurig.
- **SJOKOLADE, KOFFIE EN KAFEIEN:** Hoe donkerder die sjokolade, hoe gevaelikker. Witsjokolade is die minste gevaelik en baksjokolade die meeste.
- **ROSYNE EN DRUIWE:** Dit kan nierversaking by sommige diere veroorsaak.
- **UIE:** Dis lekker vir jou hond, maar baie daarvan (ook uiepoeier) kan veranderinge in rooibloedselle en anemie (bloedarmoede) veroorsaak. Los ook die knoffel en grasuie.
- **NEUTE:** Dit bevat baie olie en vet, wat onder meer vomering en diarree kan veroorsaak.
- **SOUT:** Gebruik bitter min, indien enige. Groot hoeveelhede kan tot oormatige dors en urinering lei, of selfs natrium-joon-vergiftiging. Dis veral belangrik om op te let by honde met hart- of nierprobleme, sê Ingrid.
- **SUIKER:** Honde wat gereeld groot hoeveelhede suiker eet, se kans op vetsug, tandprobleme en diabetes vergroot.
- **ALKOHOL:** Dis 'n groot nee!
- **MELK:** Nadat 'n hond gespeen is, sukkel hy om melk te verteer en dit kan diarree veroorsaak.
- **BENE:** "Te veel diere raak siek van bene. Jou hond kan selfs doodgaan as dit in die derms of maag vassit," sê Ingrid.

Die lekker happie wat jy vir jou hond van die tafel af gee, mag heelik wees vir jou maar nie so veilig vir jou hond nie.



Le Rouxstraat, UNIONDALE

Sentra

Tuisgemaakte produkte van **Die Spens** is nou beskikbaar by SENTRA



GROOT VERSKEIDENHEID TUISGEMAAKTE
BESKUIT - LEKKERS - KONFYT -
INGELEGDE PRODUKTE - SOUSE - JELLIES

CLASSIFIEDS

Is op soek na knope. kontak Kiewiet 083 560 8294

Looking for old pressed metal ceiling panels. The more rustic the better. Lorna 074 191 2114

Op soek na 'n ou werkende cnc karton sny masjien (zundt/esko/kongsberg) om karton displays te sny. kontak Piet 071 807 0758

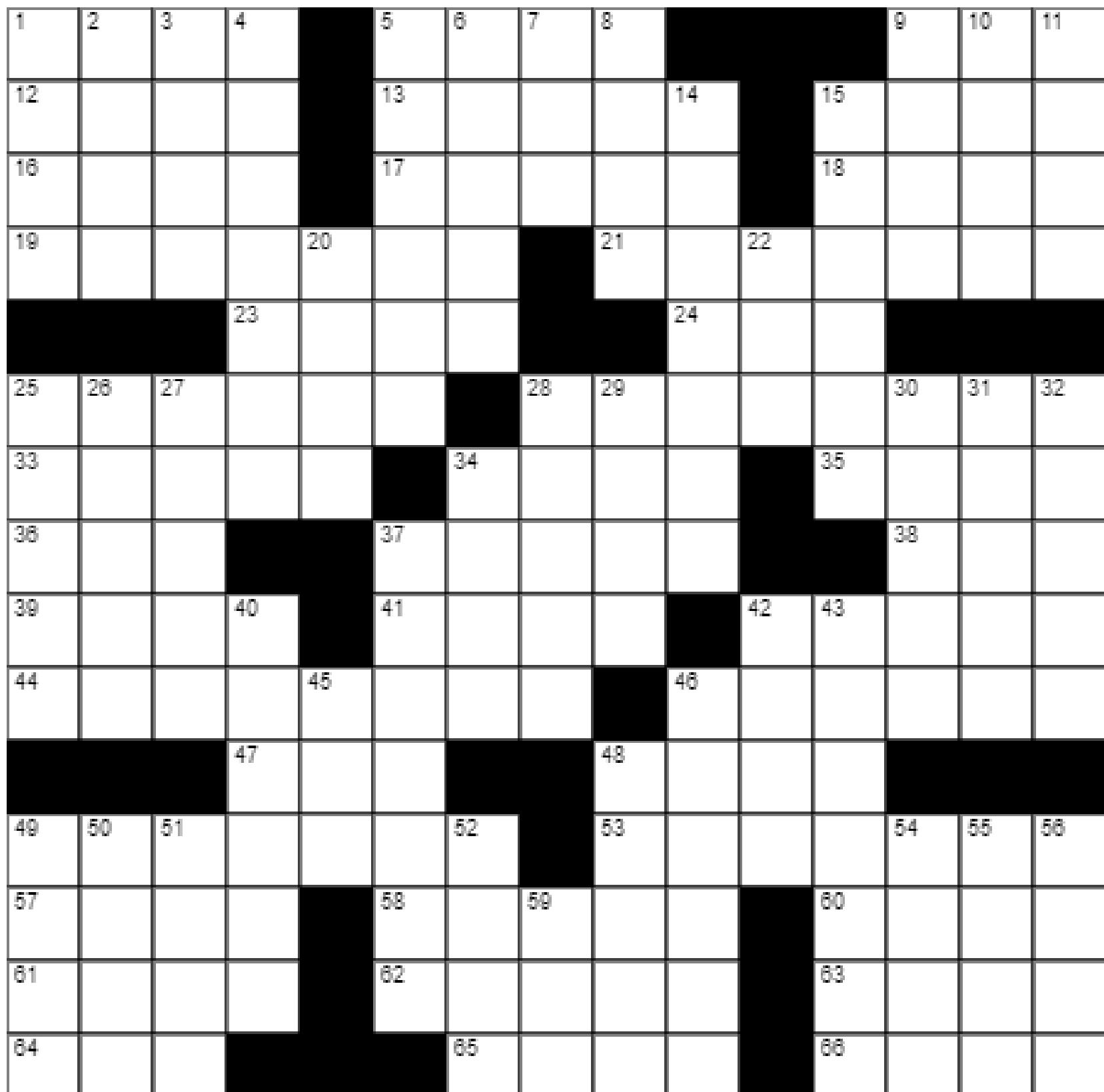
Is op soek na 'n skaap velletjie vir Ouma. Kontak Hester by 082 550 1451

THE BACK PAGE

There is a word in the English language in which the first two letters signify a male, the first three letters signify a female, the first four signify a great man, and the whole word, a great woman. What is the word?

A woman shoots her husband. Then she holds him underwater for over 5 minutes. Finally, she hangs him. But 5 minutes later they both go out together and enjoy a wonderful dinner together. How can this be?

A big thank - you to everyone for your submissions! Keep them coming and let's grow the paper!



DOWN

1- QUARTER, E.G.; 2- CHURCH AREA; 3- A BARRYMORE; 4- BILLBOARDS, SOME SAY; 5- KISS; 6- COUNTRY SINGER TUCKER; 7- SUPPLEMENT, WITH "OUT"; 8- GREENISH BLUE; 9- MEMO STARTER; 10- SURF SOUND; 11- SEA BIRDS; 14- ARM COVERINGS; 15- DULL; 20- HIGHLAND HILLSIDE; 22- MAI ___ (DRINK); 25- JEWISH SCHOLAR; 26- GILLETTE RAZORS; 27- ___ PEROT; 28- WORSHIP; 29- IMMERSES; 30- CREAM-FILLED COOKIES; 31- WITHERSPOON OF "LEGALLY BLONDE"; 32- FATHERED; 34- CLAPTON OF ROCK; 37- FLAPJACK; 40- THE CONTINENT; 42- DOVE SOUNDS; 43- SATAN; 45- ___ LINGUS; 46- KILLER; 48- DAVIS OR MIDLER; 49- DELHI WRAP; 50- GREEK LETTERS; 51- NICK CHARLES'S WIFE; 52- TRIG FUNCTION; 54- FIRST NAME IN JAZZ; 55- SENATE POSITION; 56- YARN; 59- SHADE AT THE BEACH?;

CROSSWORD SOLUTION TO FOLLOW IN THE NEXT EDITION

2	3	1	8	9	6	7	4	5
5	7	4	1	2	3	6	8	9
6	8	9	7	4	5	1	2	3
7	4	8	6	3	1	5	9	2
1	5	3	9	7	2	8	6	4
9	2	6	4	5	8	3	7	1
8	9	7	5	1	4	2	3	6
3	6	5	2	8	9	4	1	7
4	1	2	3	6	7	9	5	8

YOUR AUGUST SUDOKU SOLUTIONS

LAST MONTHS RIDDLE ANSWER - ROMEO AND JULIET WERE GOLDFISH.

ACROSS

1- MEDITERRANEAN JUNIPER; 5- EDITOR'S NOTE; 9- INTENSE ANGER; 12- GRAND OLE ___; 13- CREATES; 15- ___ ABOUT (APPROXIMATELY); 16- GOT IT; 17- TATUM OR RYAN; 18- FIBER SOURCE; 19- PAPER CARRIER; 21- CORRESPONDENCES; 23- "JAWS" BOAT; 24- ___ DE COLOGNE; 25- ENTHUSIASTIC; 28- COUNSELORS; 33- UP ___ (TRAPPED); 34- SINGER BRICKELL; 35- ... ___ SAW ELBA; 36- PAL IN THE 'HOOD; 37- STAGE ITEMS; 38- BALLAD ENDING; 39- NOT ACID; 41- TELEVISES; 42- HARD TO CALL; 44- DISSEMINATION; 46- DRUNK; 47- ___ ROOM; 48- VOTING GROUP; 49- LADIES OF SPAIN; 53- LEAST DIFFICULT; 57- RIDING; 58- YOUNG PURRER; 60- TYPE OF MARKET; 61- FEW AND FAR BETWEEN; 62- MATERNALLY RELATED; 63- ISRAELI AIRLINE; 64- THIS ___ STICKUP!; 65- CABINET DEPT.; 66- APPRAISE;

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PLEASE SUBMIT YOUR ARTICLES, ADVERTS OR PHOTOGRAPHS FOR INCLUSION

IN OUR NEXT EDITION TO

theuniondalepost@gmail.com

Whatsapp Lorna 0741912114

or

Kiewiet 0835608294 (the Afrikaans connection)



The Uniondale Post



AVAILABLE
ON THE 1ST
OF EVERY
MONTH

WE ARE LOOKING FOR SUBMISSIONS. DEADLINE IS THE 25TH OF EVERY MONTH! WHATSAPP LORNA ON 0741912114/KIEWIET ON 0835608294 OR EMAIL THEUNIONDALEPOST@GMAIL.COM

WE REQUIRE :

- 1. NEWSWORTHY ARTICLES/STORIES OF INTEREST**
- 2. CLASSIFIEDS ADVERTS. THIS INCLUDES BUT IS NOT LIMITED TO POSTING FOR OR FINDING THINGS YOU NEED.
VEHICLES/PROPERTY/SERVICES/PETS/JOBs/ITEMS FOR SALE/COMMUNITY SERVICES.**
- 3. POSTS FOR THE AGONY AUNT COLUMN.
SUBMIT YOUR PERSONAL PROBLEMS AND RECEIVE ADVICE FROM AN ANONYMOUS AND EXPERIENCED SOURCE.**
- 4. UNIONS IN THE DALE. (MATCHMAKING/DATING SERVICE)
YOU MUST BE OVER 18 YEARS OF AGE TO USE THIS SERVICE. SUBMIT A POST OF 70 WORDS OR LESS, USING A PSEUDONYM PLEASE. POST REPLY DETAILS TO FOLLOW IN THE PAPER. TAKE A LOOK AT OUR FIRST EDITION TO SEE THE EXAMPLE.**
- 5. COMMUNITY SERVICE/HELP YOUR NEIGHBOUR
DO YOU KNOW OF ANYBODY IN NEED? SEND US THE RELEVANT INFO AND LET'S TRY TO HELP THEM.**
- 6. EVENTS
EVENTS IN AND AROUND UNIONDALE.**
- 7. PHOTOS
PHOTO SUBMISSIONS FOR PHOTO OF THE MONTH AND HOTIE OF THE MONTH.**
- 8. ADVERTISING
IF YOU OWN A BUSINESS, ADVERTISE IT!**
- 9. RECIPES
SUBMIT YOUR LOCAL OR KAROO INSPIRED FAVOURITES.**
- 10. OPINION PIECE
WE WANT TO HEAR YOUR THOUGHTS AND OPINIONS. LEFT WING. RIGHT WING. THE MIDDLE WING. CONTROVERSIAL? RISQUE? TELL US ALL ABOUT IT.**

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