

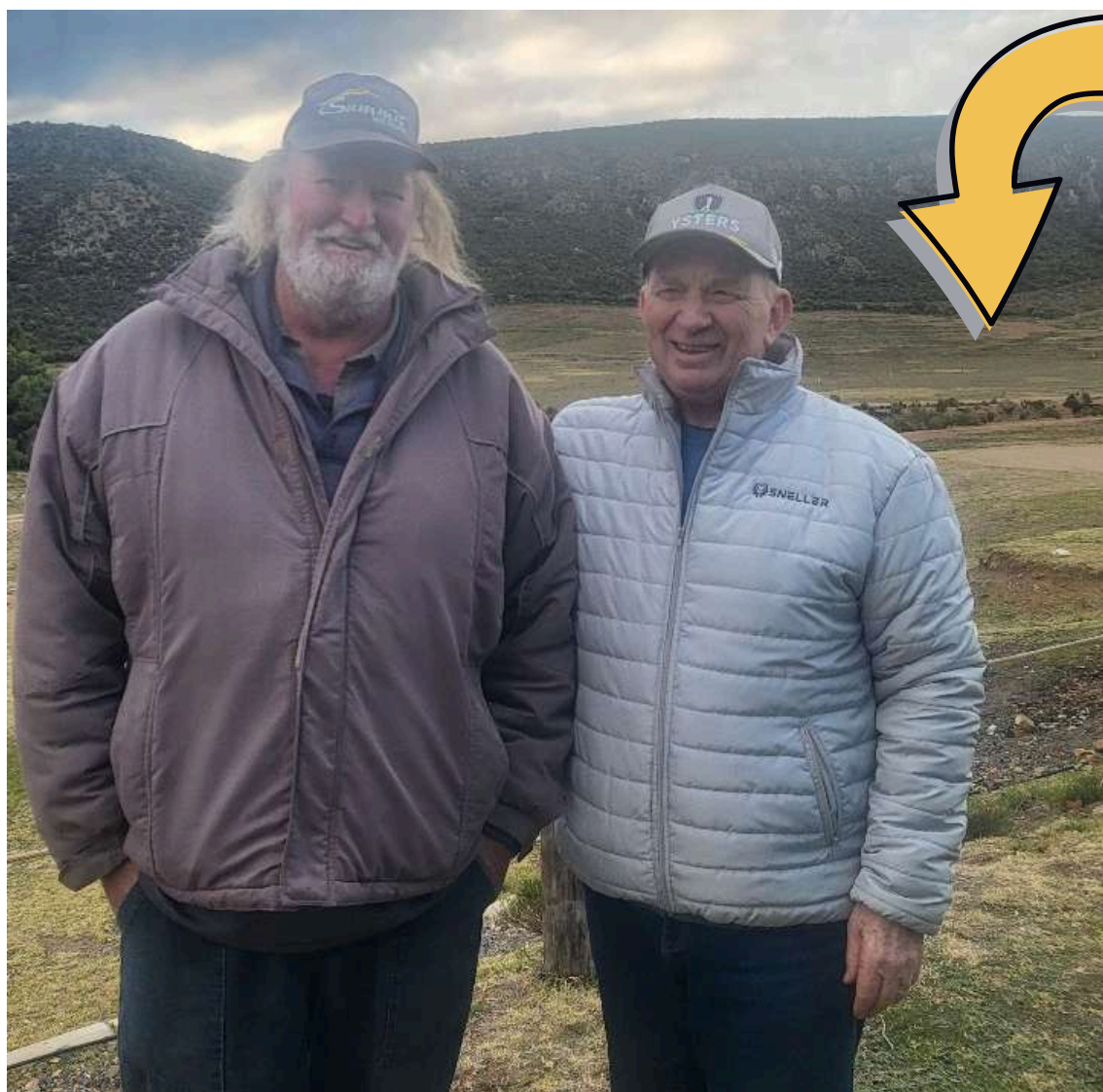


YSTERS OP DIE PLATTELAND

Drie jaar terug uit die bloute uit is die program Ysters op die Landgoed gebore - die breinkind van Herman Watney, waarin 'n span, gholfbane regoor die land besoek. Die eerste episode is op die 8 Julie 2023 uitgesaai. Herman vertel dat elke gholflandgoed 'n juweel in sy eie reg is, en dat dit soveel meer as net gholf aan die inwoners bied. Wat hom die meeste beïndruk was die samehorigheid van die inwoners, 'n voel van gemeenskap en trots.

Ysters op die platteland het 3 betekenisse : 1) Om iemand anders 'n yster te noem. 2) Die yster in iemand anders raak te sien. 3) Meer as net gholfstokke. Ysters op die platteland is om 'n boodskap uit te dra - yster slyp yster, vriende vorm mekaar, sien die yster in iemand raak. Herman gebruik die program om die platteland raak te sien en om met mense te praat en stories te ruil.

Daar is al 2 seisoene uitgesaai en nou is hulle besig met die Ysters op die Platteland weergawe. 13 gholfbane gaan besoek word vir die reeks en dan uitgesaai word op Kyknet - kanaal 144, vanaf 13 September om 18h30. Uniondale se gholfbaan storie gaan in een van die episodes verskyn. Die program word die 22ste en 23ste hier opgeneem.



Ken Dodds, eienaar van Stoneleigh Gholfklub saam met Herman Watney, die breinkind van die reeks.

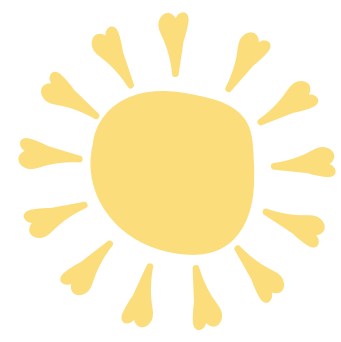


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* R5.00 * theuniondalepost@gmail.com *

Spring

UNIONDALE IN SEPTEMBER



WEATHER

Summer and winter have extreme temperatures, so the best time for your family to visit is in spring (August, September) and autumn (April, May) when the days are not too hot, and the nights are mild. But we all know they are coming in December. Blooming flowers make spring a particularly attractive time.

THE GARDEN

If you are starting a new garden or planting area - first of all, the hard surface topsoil should be broken up and compost mixed in. The lawns can then be planted and watered thoroughly until well established. Trees and shrubs can be planted in well prepared holes with compost, bonemeal and 2: 3: 2 mixed in. Initial feeding and thorough watering is important and a drip system could be added if necessary, use lots of mulch (organic or inorganic) to protect the soil from excessive evaporation, suppress weed growth and if organic: provide extra feeding. Feed again with 2:3:2 in midsummer and autumn. To get the garden looking good as soon as possible; fast-growing pioneer shrubs should be planted simultaneously with the slower growers such as wild olive. The pioneers are nurse plants, providing protection from sun and wind for the slow-growing trees and shrubs. Good pioneers are the Sweet Thorn, Wild Peach trees, Mountain Sage, Cancer Bush, Honey flowers and the Cape Mallow. Annuals are also rewarding in a new garden as they provide an instant show of colour. The blue-eyed African Daisy and Yellow Margaret should not let you down!

EVENTS



THE KAROO TO COAST MOUNTAIN BIKE CHALLENGE - 21 SEPTEMBER, START TIME IS 07H30.

The Lions Karoo to Coast Mountain Bike Challenge is a 100km off road race from UNIONDALE to KNYSNA via the Prince Alfred's Pass.

THE LIONS KAROO TO COAST MOUNTAIN BIKE RACE HAS BEEN SELECTED AS AN OFFICIAL PREMIER SEEDING EVENT OF THE 2026 CAPE TOWN CYCLE TOUR



Look out for The Uniondale Post's 'Cyclist Comfort Centre' booth at the second water point. We will be providing emergency supplies free of charge to all cyclists (this excludes alcohol and massages). Passers by are welcome to take a chance.



CAPE TOWN CYCLE TOUR

ROTARY • PEDAL POWER ASSOCIATION

SEEDING EVENT

WOMENS MOTIVATION - A PERSONAL PERSPECTIVE

My name is Jerry Wildeman, born and raised in the Langkloof. Matriculated in Uniondale in 2000 and than completed a Marketing Management course in 2002 at Northlink College (Protea campus).

Since 2013 I started an informal business with my mom - Salomies Roosterkoek, from which the income mainly was to provide for our family needs. We were on the streets of Uniondale early every Saturday morning , attended the community markets and the annual agricultural show in Uniondale. It was never truly enough but we learned to be content with what we had.

Life was never easy as it was a constant battle to know that I can't relax, I have to get up and do something.

And yes I was physically and emotionally abused and lost a lot of things and people that were dear to me.

But I want to share a little secret with women thinking that you have to accept things as they are, or doesn't believe in the Divine.

At the age of 42 while I was busy selling roosterkoek, I met my current employer as just someone who was buying from us at that time. Little did I know God blessed me with permanent employment. Lesson: what ever you do even if it means you selling roosterkoek on the streets like I did...do it with so much passion and love that you make a positive impact on the next person. So from the street corners of Uniondale to a sales and office administrator at Alpha Vigor Trading it was simply the Grace of God.

I want to tell everyone that you weren't born to live a small forgettable life, you were born to shift bloodlines and break generational curses and do things your parents could never do. You are born to rise from the ashes and also teach others how to rise. God gives us purpose and he will guide you every step of the way even if it feels as though you walk alone.

You become unstoppable when you work on the things people can't take away from you, like your character, habits, mindset and attitude.

So keep on pushing forward and don't stop believing in your dreams - in due time it will become a reality.

Phillipines 4:13 I can do all things through Christ who strengthens me.



UNIONDALE WOMAN FINDS REDEMPTION IN COMMUNITY UPROAR

DISCLAIMER: This story is based on John 8 verses 1 to 11. All names except the Biblical names are fictitious.

August 16, 2025 UNIONDALE, WC – In the quiet, sun-drenched town of Uniondale, nestled in the Western Cape’s Little Karoo, a modern-day drama unfolded this week that has locals buzzing with talk of mercy, judgment, and second chances. The incident, reminiscent of the biblical account in John 8:1-11, centers on a young woman, 29-year-old Sarah van Wyk, who faced public scrutiny after allegations of infidelity rocked her tight-knit community. The story began last Sunday when Sarah, a local hairdresser known for her vibrant smile and kind demeanor, was confronted outside the Uniondale Community Hall after a church service. A group of residents, led by a prominent local businessman, accused her of an affair with a married man, a claim that spread like wildfire through WhatsApp groups and coffee shop whispers. Armed with screenshots of text messages allegedly sent by Sarah, the crowd demanded answers, their voices sharp with condemnation. “It was humiliating,” said Anna Pretorius, a close friend of Sarah’s, who witnessed the scene. “They surrounded her, quoting scripture, saying she’d brought shame to the town. It felt like a public stoning, just without the stones.” Enter Reverend Jacobus Botha, the soft-spoken pastor of the Uniondale Reformed Church, who stepped into the fray. Described by congregants as a man of quiet wisdom, Botha calmly addressed the crowd, drawing on the teachings of Jesus in a moment that many now call transformative. “He looked at them and said, ‘Let the one who has never made a mistake speak first,’” recounted Pretorius. “You could see people’s faces change. They started looking at their feet, shuffling away. No one said another word.” Reverend Botha, in an interview with the Post, explained his intervention. “I thought of John 8, where Jesus faced a crowd ready to condemn a woman caught in sin. He didn’t deny her fault, but He challenged their right to judge. I felt Sarah deserved that same grace.” The allegations against Sarah remain unconfirmed, and she declined to comment for this story, citing a need for privacy as she rebuilds her life. However, sources close to her say she has been attending counseling sessions at the church and has received an outpouring of support from some community members who were moved by Botha’s words. The incident has sparked a broader conversation in Uniondale about forgiveness and the dangers of mob judgment in the age of social media. Local resident Pieter Malan, 45, admitted, “We were quick to point fingers, but who among us hasn’t messed up? Maybe it’s time we focus on helping each other instead of tearing people down.” As Uniondale reflects on this moment, Sarah’s story serves as a reminder of the power of compassion in a world often too eager to cast stones. In the words of Reverend Botha, “We’re all human, all flawed. But grace can change everything.”

TEWED RETSROV



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NEW BUSINESS OPENS IN UNIONDALE

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AGONY AUNT



Dear Susie,

I am often faced with animal cruelty in my daily life, as I walk to work and see many dogs being mistreated. Even tortoises! What do I do? If I speak to the owners they freak out and tell me to mind my own business. But in my opinion animals are everyone's business. Something has to change.

Dear Writer,

How kind of you to intervene on the behalf of creatures that have no voice. If animals could speak the world would be a different place. The best way to help abused animals is to follow the proper channels. This keeps you on the side of the law and prevents things from spiralling out of control. Behaving like a vigilante will only work out for about 2 minutes. Rather take photographs of the issue, as that is irrefutable evidence. The number of animal welfare organisations in South Africa is reasonable and at your disposal. NSPCA deals with 98% of animal cruelty cases and are the official custodians of animals in South Africa. Your nearest centre would be in George, contact the Garden Route SPCA on 044 878 1990 or after hours on 082 378 7384.

SEND YOUR QUESTIONS, CONCERNS OR DILEMMAS TO SUSIE AT theuniondalepost@gmail.com

HISTORICAL BUILDINGS OF UNIONDALE - PART 5

THE STANDARD BANK - 1906

The bank started operating in 1881 but shut down soon thereafter in 1884. It was reopened in 1902 and moved to its current handsome premises in 1906. The pillared entrance portico on the corner angle and the plaster-quoining all echo typical elements of Karoo commercial architecture of the day, albeit on a grander scale. Dalene Mathee the author of 'Fiela se Kind', and founder of the Historic Building Foundation, lived in the bank house from 1971-1978.

In 1971 Her husband Larius was appointed as bank manager. Upon arrival Dalene applied the experience she had gained as a member of Dr Rupert's restoration team in Graaff-Reinet, to restore two historic constructions in Uniondale with her own restoration team: the water mill and an old fort from the Boer War. She was passionate about safeguarding South Africa's national and cultural heritage and won several awards. This building is now under private ownership.





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HUNGRY GHOST

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 - ◆ You MUST be present at the draw to win.
- ➡ If the winner is not present, another ticket will be drawn!

HUNGRY
GHOST

044 752 1045

THE KAROO TO COAST PRE-RIDE

Since 2006 cyclists have partaken in a Karoo to Coast cycle race pre-ride. Starting in Plettenberg Bay and ending up in Uniondale at The Hungry Ghost. Amounting to between 40 and 50 riders yearly - or when interest dictates, they descend into town for a night of bonding and rugby over a dinner at The Ghost. Baie lekker gekuier, and then heading home again the next day. A nice way to garner interest towards the imminent event.

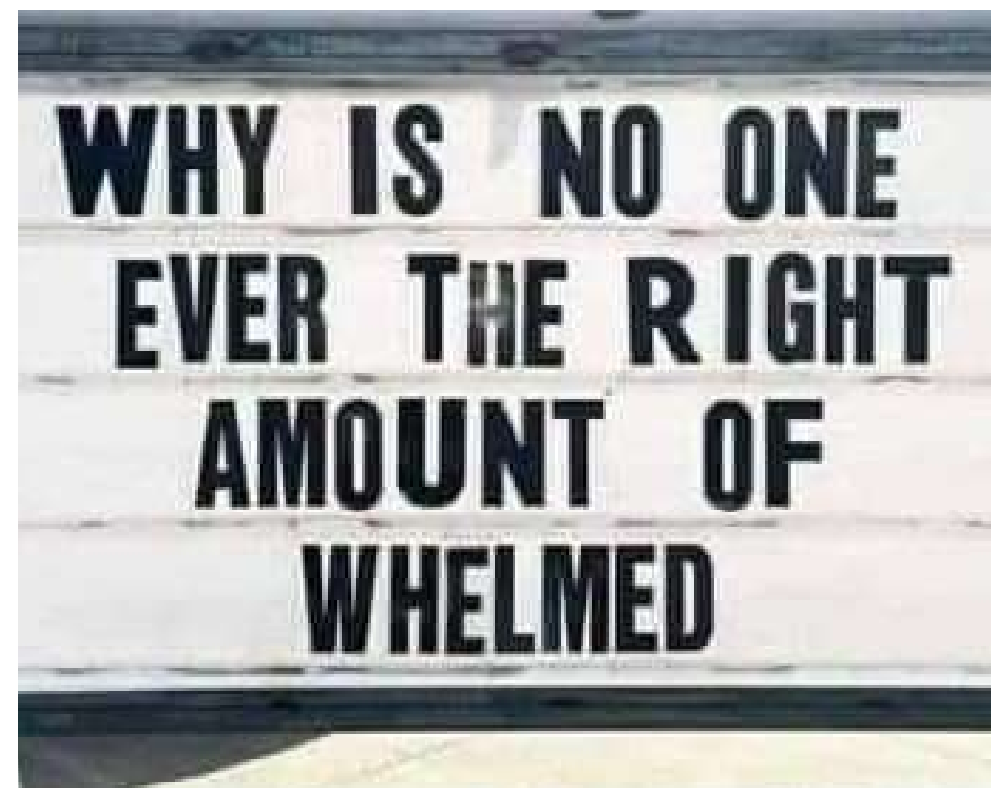


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